

## Masterclass Dementia and Delirium Program

This seminar will be delivered by a combination of a 6-week self-paced learning package followed by a live one-day seminar

#### Self-paced learning package

Available Friday 5 April 2024

Topic 1: Dementia		
Topics covered & presenters	Learning objectives	
Pathophysiology	<ul> <li>Outline the pathophysiology underlining common types of dementia</li> <li>Describe basic brain anatomy and how damage to different areas leads to specific cognitive symptoms</li> <li>Understand the risk factors for dementia and cognitive decline and what can be done to mitigate this risk</li> <li>Explain hypothesized pathophysiology for upcoming treatment options</li> </ul>	
Diagnosis and cognitive tests	<ul> <li>Outline the steps and complexities involved in a dementia diagnosis</li> <li>Understand how brain imaging techniques aid a dementia diagnosis</li> <li>Interpret the results of commonly used cognitive tests and how clinicians may apply these results in practice</li> </ul>	
Available treatments	<ul> <li>Overview the pharmacology of anticholinesterases and memantine</li> <li>Interpret the evidence for these therapies in the different types of dementia</li> <li>Discuss the limitations of these therapies and their role in practice</li> </ul>	
Future treatments	<ul> <li>Interpret the evidence for anti-amyloid therapies for Alzheimer's Disease</li> <li>Evaluate the proposed benefits and limitations of anti-amyloid therapy and their role in the management of dementia</li> </ul>	

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## MASTERCLASS IN DEMENTIA AND DELIRIUM

BPSD in dementia	<ul> <li>Describe the different types of behaviours that may occur and identify which behaviours are appropriate for pharmacological management</li> <li>Evaluate the evidence available for antipsychotic use in BPSD</li> <li>Compare and contrast the different antipsychotics used for BPSD and identify appropriate therapy</li> <li>Identify the risks involved in antipsychotic use and how antipsychotic stewardship may mitigate these risks</li> <li>2: Delirium</li> </ul>
Topics covered & presenters	Learning objectives
Background	<ul> <li>Describe the common types of delirium presentations and their associated risks.</li> <li>Identify the risk factors for delirium: modifiable and non-modifiable.</li> <li>Overview the epidemiology of delirium.</li> <li>Describe predisposing and precipitant risk factors for delirium.</li> <li>Define the concept of the vulnerable brain.</li> <li>Outline the systems integration failure hypothesis.</li> </ul>
Diagnosis	<ul> <li>Describe the common tools used to detect delirium.</li> <li>Describe the detection and evaluation of a patient with delirium: to touch on delirium in different settings, ICU/post-op/EOLC etc.</li> </ul>
Management & Pharmacist role	<ul> <li>Outline the non-pharmacological interventions used to manage patients with delirium.</li> <li>Describe the differences in pharmacological management based on delirium cause e.g. substance withdrawal, end of life.</li> <li>Discuss how medications can precipitate delirium.</li> </ul>

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	<ul> <li>Describe common medications that can precipitate/compound delirium focusing on neurotransmitter pathways.</li> <li>Outline the evaluation and management of delirium and the role of interprofessional team members in collaborating to provide well-coordinated care and enhance patient outcomes.</li> </ul>
Behaviours of concern in delirium	<ul> <li>Describe the different types of behaviours that may occur and identify which behaviours are appropriate for pharmacological management in delirium.</li> <li>Evaluate the evidence available for antipsychotic use in delirium.</li> <li>Compare and contrast the different antipsychotics used for behaviours of concern in delirium and identify appropriate therapy</li> </ul>



## Masterclass Dementia and Delirium Program

Live virtual seminar: Saturday 18 May 2024

All times listed are in AEST. The below may be subject to change

Time AEST	Session	
0900 – 0910	Welcome/introductions	
0910 – 0930	Q&A from self-paced learning package	
Part 1: Dementia		
0930 – 1030	Case Session 1	
1030- 1040	Morning tea break	
1040 – 1110	Presentation: Complex BPSD	
1110 - 1140	Case Session 1.2	
1140 - 1210	Expert Panel Discussion - Dementia	
1210 - 1240	Lunch break	
Part 2: Delirium		
1240 – 1330	Case Session 2	
1330 - 1400	Presentation: Managing behaviours of concern in delirium	
1400 – 1410	Afternoon tea break	
1410 – 1500	Case Session 3	
1500 – 1530	Expert Panel Discussion – Hypoactive and Hyperactive Delirium	
1530 – 1545	Presentation: Polypharmacy Stewardship Roles	
1545	Program wrap up & close	

Please note: presentation recordings from the live virtual seminar will not be available