

Preliminary Program

This seminar will be delivered by a combination of a 6-week self-paced learning package followed by a live one-day seminar

Self-paced learning package available from Friday 29 July 2022

The self-paced learning package comprises approximately 4.5 hours of learning materials. The self-paced learning package materials must be completed prior to attending the live virtual seminar.

Topic	Presenter	Learning objectives
Definitions, principles, philosophy and ethics of patient centred-care	Natalie Panizza , Nurse Practitioner Palliative Care, Royal Perth Hospital, Perth, WA	<ul style="list-style-type: none"> Outline the principles, core values and philosophy of palliative care Recognise ethical issues pertinent to caring at the end-of-life Describe phases of palliative care Identify settings for provision of care Demonstrate the value of an interdisciplinary team with shared goals in palliative care
Overview of physical and psychological symptoms in palliative care	Penny Tuffin , Adv Prac Pharmacist – Palliative Care, WA Country Health; Fiona Stanley Hospital; Bethesda Hospital, Perth, WA	<ul style="list-style-type: none"> Identify common symptoms in palliative care Explain the principles for assessing common symptoms Recognise the value of pharmacological and non-pharmacological treatment options Describe the need for patient-centred treatment plans based on a patient's phase of care
Management of common symptoms	Penny Tuffin	<ul style="list-style-type: none"> Identify causes and clinical features of symptoms Discuss assessment of common symptoms Describe pharmacological and non-pharmacological treatment options for managing symptoms Develop patient-centred management plans based on a patient's phase of care
Pain assessment	Natalie Panizza	<ul style="list-style-type: none"> Demonstrate elements of a holistic pain assessment Differentiate between pain types and descriptions Explain need for ongoing assessment of pain
Safe use of opioids	Josephine To , Senior Pharmacist, Division of Aged Care, Rehabilitation and Palliative Care, Northern Adelaide Local Health Network, Adelaide, SA	<ul style="list-style-type: none"> Describe choice and titration of opioids Demonstrate opioid conversion Explain monitoring of analgesia and response to adverse effects Recognise risks of opioids in this patient cohort

Neuropathic pain	<p>Associate Professor Kirsten Auret, Clinical Director Palliative Care WACHS, Rural Clinical School of WA, Perth, WA</p>	<ul style="list-style-type: none"> • Differentiate between neuropathic and somatic/visceral pain • Describe choice and titration of neuropathic analgesia • Evaluate the risks of neuropathic analgesia • Explain monitoring of analgesia and response to adverse effects
Medication access, prescribing and deprescribing	<p>Vicki Poulter, Clinical Pharmacist, Palliative Care, The Prince Charles Hospital, Brisbane, Qld</p>	<ul style="list-style-type: none"> • Describe medication use considerations, focusing on access and cost • Identify barriers to medication access across settings of care • Facilitate ongoing medication supply • Explain prescribing approaches across disease trajectories • Outline deprescribing principles based on patient's phase of care
Subcutaneous infusions	<p>Robert Wojnar, Education and Training Senior Pharmacist, Cabrini Health, Melbourne, Vic</p>	<ul style="list-style-type: none"> • Identify appropriate patients/situations for use of a subcutaneous infusion • Describe limitations of medication licensing for subcutaneous administration • Review evidence for medication administration via subcutaneous infusion • Rationalise medication choice and combinations

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Live virtual seminar - All times listed are in AEST

Please note program times are subject to change until the program has been finalised.

Saturday 10 September 2022

Time (AEST)	Session
0945-1000	Online login and registration available
1000-1005	Welcome and introductions
1005-1030	Introduction to palliative care
1030-1100	Q&A: online learning content
1100-1115	Pain management quiz
1115-1130	Q&A: Pain assessment and management
1130-1150	Break
1150-1250	Case study: Pain management
1250-1305	Symptom management quiz
1305-1320	Q&A: Symptom management
1320-1350	Break
1350-1435	Terminal phase of care
1435-1535	Case study: Changing phases of care
1535-1555	Open Q&A
1555-1600	Seminar close